

Back into The Light
The Comeback
May 31, 2026

Romans 8:11 NLT

- Theme: When we walk through darkness, DEFEAT and depression...
God wants to lead us back into The Light.
- Elijah's path away - 1 Kings 19:1-4
 - * How did life get so bad?
 - ✓ We run ourselves into EXHAUSTION
 - ✓ We ISOLATE ourselves from people
 - ✓ We COMPARE ourselves to others
 - ✓ We believe the LIES we tell ourselves
 - ✓ We forget the reason we were CREATED
 - ✓ We come under spiritual ATTACK
- Elijah's path back - 1 Kings 19:5-8
 1. RECOVER your strength - Mark 6:31 NIV
 2. RETURN to God's presence - 1 Kings 19:9-14
 3. REMEMBER who you are - 1 Kings 19:15-16
 4. REFOCUS on your calling - Proverbs 29:18, Psalm 126: 1-2 NIV,
1 Kings 19:19
 5. RECONNECT with Godly people - Ecclesiastes 4:8-12